

We Understand the Heartache of Losing a Pet

Losing a beloved pet can leave an emptiness that others may not fully understand. Pets aren't just animals; they're cherished family members who bring comfort, companionship, and joy. When they're gone, the grief we feel runs deep.

A Unique Bond, A Unique Grief

The connection with a pet is one of unconditional love and trust. This loss touches every part of our lives, from daily routines to the joy they brought into our homes. We recognize how isolating it can feel when others don't fully grasp this bond.

Compassionate Support When You Need It Most

At *This Thing Called Grief*, we truly understand the depth of this pain. Many of us have walked this path and know how deeply pet loss can affect you. Our compassionate counsellors are here to support you through this journey with empathy and understanding.

Honouring the Connection, Embracing the Feelings

Grieving a pet brings up many emotions—sadness, guilt, confusion. These feelings are a natural part of healing. We're here to help you honour the unique bond you shared, allowing space to process and heal.

You Are Not Alone on This Journey

If you're struggling with the loss of your pet, please know you don't have to face it alone. *This Thing Called Grief* is here to support you, honouring your pet's memory and helping you heal. Your pain matters, and we're here to help.



OUR TEAM

Sam Vander Schelde

*BSW, MSW, RSW,
Thanatologist*



Ontario

Sarah Pollard

BSW, RSW



Ontario

Kim Vander Schelde

*Grief, Loss &
Bereavement Specialist,
Thanatologist*



Canada

VISION STATEMENT

We envision a world where everyone facing grief is met with compassion, respect, and the support they need to heal and thrive within their community, guided by a deep understanding of loss and the values of dignity and justice.



 [/ThisThingCalledGrief01](https://www.facebook.com/ThisThingCalledGrief01)

This Thing Called Grief



**Social Work &
Bereavement Support for
Ontario Residents**



GUIDED BY TRUE EMPATHY



BOOK HERE

 [@this_thing_called_grief](https://www.instagram.com/@this_thing_called_grief)

SERVICES

MSW, BSW, RSW

Master of Social Work is an advanced graduate degree that equips professionals with specialized skills in counselling, mental health, and advocacy. **Bachelor of Social Work** provides foundational training for addressing social issues and supporting communities. **Registered Social Worker** is a professional designation for licensed social workers, ensuring ethical practice and quality care across diverse settings like healthcare, education and social services.

BEREAVEMENT & LOSS SPECIALIST

Grief impacts every part of life, and each person's journey is unique. A Grief, Loss & Bereavement Specialist provides personalized support to help navigate the emotional, mental, and physical challenges of loss. Through compassionate care and proven strategies, we guide individuals toward healing and resilience, offering a safe space to process emotions and regain balance during this difficult time.



THANATOLOGIST

Thanatology is a comprehensive field of study that examines every facet of death, dying, and bereavement. Thanatologists are cross-disciplinary specialists who practice within the scope of dying, death, loss and bereavement. Thanatologists work in many different situations, all of them emotionally complex.



▶ EMPLOYER BENEFITS

Mental health care benefits in Ontario play a vital role in fostering supportive work environments that prioritize employee well-being. We're happy to direct bill many employer benefits, allowing employees to access our specialized services without any financial stress.

Available with major Canadian Insurance companies



Participating Insurers



www.ThisThingCalledGrief.com

BOOK HERE

At *This Thing Called Grief* our social workers offer virtual support to clients throughout Ontario.

Additionally, our specialists in grief, loss & bereavement are available to clients all across Canada.

No matter where you are, we're here to provide compassionate care tailored to our unique journey.



SCAN ME