

► Who We Are

At *This Thing Called Grief*, we recognize that true empathy stems from lived experiences. Our counselling practice is deeply rooted in our own journeys, and we understand the profound impact that these experiences can have on one's life.

The scars we carry serve as reminders of our resilience and the lessons we've learned, allowing us to connect authentically with our clients.

We believe that every individual's journey deserves understanding, compassion, and personalized support.

Your well-being is our priority, and we are dedicated to walking alongside you every step of the way, providing a safe space where you can share your story and find solace in knowing that you are not alone.

► MISSION STATEMENT

We are dedicated to offering compassionate, client-centered care for those experiencing grief and loss.

Our practice is rooted in lived experience and values of empathy, respect, and empowerment. We walk alongside individuals, honouring their unique experiences and promoting healing through genuine connection, advocacy, and emotional well-being.

Everyone experiencing grief deserves to be met with understanding and care.

OUR TEAM

Sam Vander Schelde

*BSW, MSW, RSW,
Thanatologist*



Ontario

Sarah Pollard

BSW, RSW



Ontario

Kim Vander Schelde

*Grief, Loss &
Bereavement Specialist,
Thanatologist*



Canada

VISION STATEMENT

We envision a world where everyone facing grief is met with compassion, respect, and the support they need to heal and thrive within their community, guided by a deep understanding of loss and the values of dignity and justice.

This Thing Called Grief



**Social Work &
Bereavement Support for
Ontario Residents**



GUIDED BY TRUE EMPATHY



BOOK HERE



SERVICES



MSW, BSW, RSW

Master of Social Work is an advanced graduate degree that equips professionals with specialized skills in counselling, mental health, and advocacy.

Bachelor of Social Work provides foundational training for addressing social issues and supporting communities.

Registered Social Worker is a professional designation for licensed social workers, ensuring ethical practice and quality care across diverse settings like healthcare, education and social services.

BEREAVEMENT & LOSS SPECIALIST

Grief impacts every part of life, and each person's journey is unique. A Grief, Loss & Bereavement Specialist provides personalized support to help navigate the emotional, mental, and physical challenges of loss. Through compassionate care and proven strategies, we guide individuals toward healing and resilience, offering a safe space to process emotions and regain balance during this difficult time.

THANATOLOGIST

Thanatology is a comprehensive field of study that examines every facet of death, dying, and bereavement. Thanatologists are cross-disciplinary specialists who practice within the scope of dying, death, loss and bereavement. Thanatologists work in many different situations, all of them emotionally complex.

▶ EMPLOYER BENEFITS

Mental health care benefits in Ontario play a vital role in fostering supportive work environments that prioritize employee well-being.

We're happy to accept many employer benefits, allowing employees to access our specialized services without any financial stress.

Available with major Canadian Insurance companies



Participating Insurers



VISIT US

www.ThisThingCalledGrief.com

[BOOK HERE](#)

[JaneApp Booking Integration](#)



At *This Thing Called Grief* our social workers offer virtual support to clients throughout Ontario.

Additionally, our specialists in grief, loss & bereavement are available to clients all across Canada.

No matter where you are, we're here to provide compassionate care tailored to our unique journey.



SCAN ME